

## March 2010 Newsletter Article

# Change Your Outlook

At one point or another, anyone and everyone who has ever dealt with debt has had a negative view of being **in debt** or of the fact that **they have debt**. For a majority of consumers, being in debt remains a constant negative in their mind. Debt causes stress, anxiety, pressure, and depression as well as numerous other problems.

Well here's a news flash. The entire country is in debt! Almost everyone has some type of debt or another! There is however, something you can do about it right now and that's "**Change Your Outlook on Debt**".

At some point, you may discover a new realization about what is actually **keeping you in debt .... It just may be how you feel about your debts**. There is a principle, a concept, a universal law, known as The Law of Attraction, which, put simply, explains that "**You Attract What You Think About**".

So, if you are always thinking about debt and being in debt, you will continue to be in debt. You will continue to see having debt as a problem, and you may become stressed and fearful. Whether it is credit card debt, car loan debt, student loan debt, or mortgage debt, you can change how you think about debt.

If you could switch your focus to **being out of debt**, how good would it feel to be:

- Free from debt
- Free of monthly credit card bills
- Free of high interest rates
- Free from bill collectors' calls

Eventually you will start to see things change. **DO NOT** focus on being in debt, but focus on how it would feel to be out of debt. **ALWAYS BE POSITIVE**.